

REMOTE THERAPY MONITORING BILLING GUIDE

Introduction

In 2022 the Centers for Medicare and Medicaid Services (CMS) expanded its digital health coverage and began reimbursing providers for remote therapy monitoring (RTM). RTM differs from existing Remote Patient Monitoring (RPM) in that it monitors therapeutic data, such as medication adherence. RPM measures physiologic data, such as blood pressure and heart rate. Unlike the RPM codes, RTM services are available to Qualified Health Care Practitioners (“QHCPs”) who are not able to independently order and bill for E/M services. RTM is in an evolving state of development. In the near future, we can expect CMS will broaden its RTM coverage beyond musculoskeletal and respiratory disorders. In addition, as with most other CMS payment policy once there is significant RTM activity private insurers will adopt coverage for these services.

Practice Benefits

- Provides a new reoccurring profitable reimbursement stream
- Improves the delivery of medication therapy in the home setting. Especially beneficial when there are patient isolation requirements or patient lives in a rural area
- Allows for documentation of actual medication adherence data in relationship to outcomes
- Documents actual adherence data in relationship to side-effects, which can allow for early patient intervention and care coordination
- Provides opportunities for lowering spending on preventable hospitalizations, ED visits, and urgent care
- Supports the implementation of clinical trials
- Provides a framework for value-based payer contracts and treatment pathways

How the ID-Cap™ Works

- 1 The physician assesses the benefit of remote therapy monitoring**
 - Informs the patient of benefits/risks
 - Patient consents
 - Physician prescribes ID-Cap™ along with the patient’s medication



- 2 The pharmacy encapsulates the medication as prescribed**
 - Delivers the prescribed medication and reader to the patient



- 3 The patient takes the encapsulated medication**
 - The ID-Cap™ is activated by gastric fluid
 - Transmits a digital message from the stomach
 - The wearable ID-Cap™ Reader receives the message and forwards it to the mobile app



Remotely Monitor Patients with ID-Cap™

- 6 Physician’s office remotely monitors patient therapy using the ID-Cap Dashboard**
 - Real time reporting of ingestion events
 - Alerts to missed events
 - Automatic reminder messages to reduce missed doses
 - Confirmation messages in response to ingestions
 - View of individual patients or groups
 - Practice bills for RTM services



Secure encrypted Wi-Fi/Cellular

- 5 etectRx Servers**
 - Secure cloud-based storage
 - Patient’s ingestion log
 - Reader status reports
 - HIPPA compliant



Secure encrypted Wi-Fi/Cellular

- 4 ID-Cap™ App**
 - Forwards ingestion events and Reader status events to etectRx servers
 - Reports and displays ingestion event history
 - Displays reminder or confirmation messages
 - Allows user to enter ingestion event manually
 - Provides updates on status of Reader
 - Available for iOS and Android



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Billing for Remote Therapy Monitoring

The RTM family includes three practice expense (PE) only codes and two professional work codes. The three PE codes include; one for device set-up/training and two for the device (one for musculoskeletal and one for respiratory disorders). The RTM device must monitor at least 16 days of data per each 30-day period. The two professional work RTM codes require a minimum of twenty minutes of time in a month and at least one interactive communication with the patient/caregiver, such as a video chat or phone call.

CMS RTM REIMBURSEMENT AMOUNTS		BILLED THROUGH A PHYSICIAN'S OFFICE
Code	Description	Allowable Amount
98975	Remote therapeutic monitoring (e.g. respiratory system status, musculoskeletal system status, therapy adherence, therapy response); initial set-up and patient education on use of the equipment	\$19.38
98976	Remote therapeutic monitoring (e.g. respiratory system status, musculoskeletal system status, therapy adherence, therapy response); device(s) supply with scheduled (e.g. daily) recording(s) and/or programmed alert(s) transmission to monitor respiratory system each 30 days	\$55.72
98977	Remote therapeutic monitoring (e.g. respiratory system status, musculoskeletal system status, therapy adherence, therapy response); device(s) supply with scheduled (e.g. daily) recording(s) and/or programmed alert(s) transmission to monitor musculoskeletal system each 30 days	\$55.72
98980	Remote therapeutic monitoring treatment, physician/other qualified healthcare professional time in a calendar month requiring at least one interactive communication with the patient/caregiver during a calendar month: first 20 minutes	\$50.18
98981	Remote therapeutic monitoring treatment, physician/other qualified healthcare professional time in a calendar month requiring at least one interactive communication with the patient/caregiver during a calendar month: additional 20 minutes	\$40.84

Source: 2022 CMS Physician Fee Schedule

New RTM Reimbursement Potential

PHYSICIAN MONTHLY REIMBURSEMENT POTENTIAL		ONE COMMUNICATION	TWO COMMUNICATIONS	THREE COMMUNICATIONS
Revenue Month 1				
98975	Patient Education	19.38	19.38	19.38
98976	Equipment	55.72	55.72	55.72
98980	Monthly Monitoring: First 20 min	50.18	50.18	50.18
98981	Monthly Monitoring: Additional 20 min	NA	40.84	81.68
TOTAL		125.28	166.12	206.96
Revenue Month 2+				
98976	Equipment	55.72	55.72	55.72
98980	Monthly Monitoring: First 20 min	50.18	50.18	50.18
98981	Monthly Monitoring: Additional 20 min	NA	40.84	81.68
TOTAL		105.90	146.74	187.58

Annualized Reimbursement Per Pt.

\$1,290.18

\$1,780.26

\$2,270.34

* CPT codes 98975, 98976, and 98977 require RTM device to monitor at least 16 days of data per each 30-day period.

Practice revenue projections will vary based on the specialty and patient mix of the practice. Please contact us for assistance in determining your unique revenue opportunity.

For a demo or for more information go to etectRx.com or contact: bob.walshon@etectrx.com